

HIGHLIGHT

ACHIEVING NEW HEIGHTS

The Newsletter of the Highland Institute of Sport



Issue No 23

July 09

Highland Institute Athletes "Achieving New Heights"!

Over the past few months there have been many changes at the Highland Institute of Sport. We have quite a few new athletes and a few successful athletes who have been moved on to be supported by the Scottish Institute of Sport.

Ben Kilner – Snowboarder
Douglas Crawford – Alpine Skiing
Andy Noble – Alpine Skiing
Andrew Musgrave – XC Skiing

All of the above mentioned Highland Institute of Sport (HIS) Snowsport athletes have progressed to be supported by the sportscotland Institute of Sport. Massive congratulations to them all for their fantastic commitment and performances that have culminated in their SIS support. Although we will still be working closely with some of these athletes, we at HIS would like to wish them all the very best in their future careers and hope they achieve all the targets they have set themselves and possibly bring back a medal from 2010 Vancouver Olympics.



Greg Lobban
Squash

After winning the U17 Scottish Championships earlier this year Greg has continued his success and made history by

winning a silver medal at the European under-17 championships in Girano, Spain.

Along with **Ally McCorquodale** (also HIS) and 3 other athletes, the Scotland U17 squad reached the final for the first time. Entering the championships they were seeded ninth and were only beaten by the favourites, England, in the final.



Emma Atkinson
Downhill Cycling

Emma, who finished second in her first British National Point Series, recently competed in her first Downhill World Cup Series event in Fort William. Although Emma has only been involved in the sport for little over a year she managed to achieve the fastest junior time and narrowly missed out on qualifying for the final.



Emma then travelled to Slovenia to compete in her second world cup event where she successfully qualified for the final day. She was top ranked junior finishing 15th in the trial stages qualifying for her 1st ever final day World Cup run.

Callum Stewart
Golf

In **April** Scotland came from behind to win the Under-16 boys' golf quadrangular over the Jack Nicklaus-designed course Machynys Peninsula Golf & Country Club, South Wales. Scotland, Ireland and Wales all finished with two victories and one defeat apiece. In the games-won countback the Scots topped the table with 21, just ahead of Ireland 20 ½ with Wales third on 18 games won. Callum was one of Scotland's top performers over the three days with 5 points out of a possible six.



May saw Callum share first place at the SGU Tour event at Monteith Golf Links with a 36 hole aggregate score of 147. In **June** he helped the North District team of four win the Scottish Boys Area Team championships for the first time since the competition was introduced in 1978. Callum has now been selected to be part of the six young players representing Scotland at the McGregor Trophy at the end of June at Radcliffe on Trent Golf Club.

Sammy Vass
Golf

Sammy travelled to Southernness in May, to take part in what might be her last entry into the national championship for four years, got her reward when in the final of the supplementary knock-out section she came home with the Clark Rosebowl.



Sammy will be starting a four year college course in Orlando Florida this August and the Highland Institute of sport would like to take this opportunity to wish her all the very best in the USA.

NEW ATHLETES

The Highland Institute of Sport would like to officially welcome 5 new athletes, Ally, Kris, Alex, Callum and Sarah.

Ally Fraser 19, is a Curler from Nairn.

Kris Hamilton 19, is a Rugby player from Keiss in Caithness.



We also have 3 new XC Skiers this year:

Alex Standen from Huntly
Sarah Young also from Huntly
Callum Smith from Inverurie.

The Highland Institute of Sport would like to take this opportunity to wish these new athletes, along with all our existing athletes a very successful season.

With Thanks to all our Partners:

